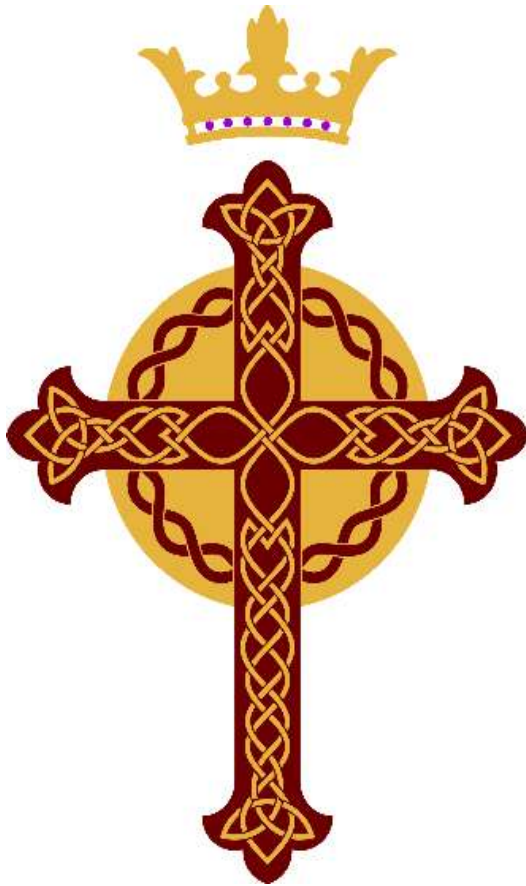


Christ the King
Anglican Church



The Sacrament of Confession

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The penitent kneels beside the Priest, facing opposite directions.

Both penitent and Priest should be looking at a crucifix or icon of Christ.

Bless me, Father, for I have sinned.

The Lord be in thy heart and upon thy lips, that so thou mayest meetly, rightly, and worthily confess all thy sins; In the Name ☩ of the Father, and of the Son, and of the Holy Ghost. Amen.

The penitent then makes his Confession, saying the following:

I confess to Almighty God, to all the Saints, and to you, Father, that I have sinned very much, in thought, word, and deed, knowingly and unknowingly, willingly and unwillingly, with intention and without intention, by my own great fault.

Since my last confession which was (here he tells the Priest when he made is previous confession) when I received absolution and performed my penance, I have committed these sins:

Here he confesses his sins

For these and all other sins which I cannot now remember, I am heavily burdened and sorrowful. I firmly purpose amendment, and humbly ask that they be forgiven through the abundance of the Mercy of God; And of you, reverend Father, I ask for penance, advice, and absolution for the healing of my soul; that I again may partake of the Holy and Life-giving Mysteries of Christ and of His eternal life. Amen.

After the Confession is ended, the Priest may address a few words of counsel to the penitent, and will then assign a suitable penance. For secret sins, however grave, public penance must not be imposed, lest the Seal of the Confessional be violated thereby.

Penance having been enjoined and accepted, the Priest shall say:

O Lord God, merciful, compassionate, and long-suffering; not desiring the death of a sinner, but that all should turn from their evil ways and live. Show mercy now upon Thy servant (handmaiden) and grant to *him* true repentance, forgiveness of sins, and deliverance from the burden of them. Reconcile and unite *him* to Thy One, Holy, Catholic, and Apostolic Church, through Jesus Christ our Lord, to Whom with Thee and the Holy Ghost, are due dominion and majesty, now and ever, world without end. Amen.

Priest: The Lord is with you. Go in peace and pray for me, a sinner.